Dear Colleagues

~ Amazingly, it is September already… how the year is flying by! So far, 2010 is proving to be an exciting year for those of us in FaCH – as usual, the weeks since the past newsletter have been very busy. FaCH members are involved in many and varied activities!

Warm and sincere congratulations to A/Professor Hannah Dahlen who has taken on the role of President of the Australian College of Midwives (ACM). This is wonderful recognition of Hannah’s standing in her area. Congratulations Hannah! You have all of our support in this exciting role!

The FaCH Supervisor Development Group meeting this month was on “Ethical publishing: what every supervisor should know”. Next month’s meeting will focus on policy pertaining to academic misconduct related to RHD students, and we will explore any related issues that participants want to raise. Some of these matters can be quite difficult to deal with and it is important that we are all cognisant with the relevant rules, policies etc.

I am pleased to announce the ‘birth’ of FLAMES, an acronym for “Fostering Leadership and Mentoring Expertise in Students”. FLAMES will have an inclusive and multidisciplinary focus, and will continue our work in the area of leadership, but with a focus on future leaders and leadership development. FLAMES will have a strong research component as well as a focus on nurturing emerging leaders, and the development of leadership skills. More about FLAMES later in this newsletter!

In leading a busy and dynamic research group, one of my roles is to try to establish innovative and economically sustainable infrastructure and other support to create an equitable and enabling research environment. One of the ways the environment can be made more enabling for research is to reduce the barriers that impede or hinder participation in research, and achievement of research goals. As we have previously noted, the demands of some external funding bodies are such it can be more difficult for those without specific PA/RA or other support to lodge external grant applications. In response to that, we have started to train Melissa up to provide administrative assistance in the preparation of ARC applications / forms / paperwork. Melissa is gaining familiarity with ARC requirements for CV presentation, exemption forms, key deadlines, acquisition of log-ons etc, etc. NEAF requirements can also be arduous and Melissa is also able to provide administrative assistance with preparation and submission of NEAF documentation. Having administrative support around these key research functions is already proving very helpful! As this is a new role, I am keeping a close eye on the workload associated with Melissa’s role in relation to NEAF and Grants applications. Support from Melissa is only available to those FaCH members who have no other specific PA/RA support. If anyone wants input from Melissa, please make the approach through either Heidi or I so that we are able to monitor demand.

Please get in touch if you have any additional suggestions for support, or ideas that you think could further enhance your research productivity. Thanks to everyone for the hard work and commitment that is so vital to the continuing success of FaCH!

Message from Prof Debra Jackson
Recent Grant Success

Developing and Implementing a Leadership Capacity Building Program for Teaching and Learning in Nursing.

ALTC has funded a project titled: ‘Developing and implementing a leadership capacity building program for teaching and learning in nursing’, to the amount of $220,000. This project was funded under The Disciplinary & Cross-disciplinary leadership priority. The team is: Dr Elizabeth Halcomb, Professor Debra Jackson, Dr Sharon Andrew, Dr Kath Peters, Associate Professor Yenna Salamonson (UWS) & Emeritus Professor John Daly (UTS).

More about this exciting new project in the WERiN section of this newsletter!

FaCH News

Midwifery Oral Health Program – Prof Maree Johnson & A/Prof Hannah Dahlen et al.

A new midwifery oral health program has commenced in NSW to promote maternal dental health. Midwives provide majority of the care to pregnant women so it makes sense for them to promote dental health.

Hormonal variations during pregnancy put women at a higher risk of suffering dental problems and poor dental health during pregnancy can impact on both the mother and the baby. Poor maternal dental health increases the chances of infants developing early decay.

Funding received from the NSW Centre for Oral Health Strategy and the Australian Dental Association (NSW), has assisted the study investigators, including Prof Maree Johnson and Associate Prof Hannah Dahlen, to develop, for the first time in Australia, a unique midwifery initiated oral health service to promote maternal dental health.

This new service is currently being piloted in Southwest Sydney and includes an on-line educational program endorsed by the Australian College of Midwives.

JEANS FOR GENES DAY – FaCH RAISED $252.60 !

FaCH raised $252.60 for JEANS FOR GENES DAY!
Thank you to everyone for contributing. Special thanks to Professor Rhonda Griffiths for purchasing the last of the merchandise just so we could reach our target. 😊
Developing elements of Effective Interventions for Heart Disease Reduction and Maintenance in Asian Indians Living in Australia (DHARMA) Project DHARMA – Dr Ritin Fernandez

Australia is an increasingly diverse and multicultural society requiring healthcare providers to strive to develop cultural sensitivity and cultural competent care models. Asian Indians are the sixth largest migrant population in Australia with the majority living in the Sydney South West and the Western spatial sub division of NSW. Globally Asian Indians experience higher rates of CHD due largely to their genetically distinct physiology and metabolism which magnifies the impact of conventional risk factors such as high cholesterol, high blood pressure and obesity. Dr Fernandez is the lead researcher on a study which is collecting data from the Indian community in Australia to help identify barriers to effective health communication and to develop a culturally sensitive health care intervention to reduce cardiovascular risk among Asian Indian people living in Australia. This project is undertaken in consultation with the Consul General of India and key medical and non medical leaders within the Indian community.

Prepared by Dr Ritin Fernandez

International Collaboration with MAHSA University College Kuala Lumpur, Malaysia – A/Prof Yenna Salamonson, Prof Patricia Davidson and Dr Bronwyn Everett.

Assoc Prof. Yenna Salamonson met with Assoc Prof. Zahrah Saad, Dean (Faculty of Nursing) of Medical and Allied Health Sciences (MAHSA) University College at the NETNEP international conference, Sydney in April 2010. As a result of this meeting, they explored the possibility of collaborating on a small comparative educational research project led by Yenna (other UWS co-investigators: Drs Roslyn Weaver & Lucie Ramjan)

Progress to date: Submission for Ethics clearance in MAHSA on 1 July 2010. This research collaboration has received strong in principle support from Tan Sri Datuk Jegatheson (Deputy Vice Chancellor – Medical Education & Research).

Meeting between Yenna & 2 other nursing colleagues (FaCH members, Bronwyn Everett – UTS, Patricia Davidson – Curtin) and MAHSA nursing staff on 13 July 2010 at MAHSA University College, KL, Malaysia. Yenna provided a briefing session to attendees about the research project.

They were very warmly received by the host University. They also met the Pro-
Australian Cardiovascular Rehabilitation Association (ACRA) Conference – Dr Ritin Fernandez

Dr Ritin Fernandez attended the ACRA conference in Canberra in August 2010. She presented a paper on the Knowledge Dissemination resulting from the Australian Cardiac Rehabilitation Association Annual Scientific Meetings. The aim of this paper was to present the findings from a series of conferences to determine the number of abstracts that resulted in subsequent full publication.

Sydney South West Area Health Service: Practice Development Workshops

Following the successful application for a NSW Nursing and Midwifery Office Innovations Scholarship, Sydney South West Area Health Service held two Practice Development workshops: one on 25th February 2010 for nurses, and consumer and carer support workers of the Waratah acute mental health inpatient unit of Campbelltown Hospital, and the second on 9th March, 2010 for nurses, and consumer and carer support workers of the Manning Units of Concord Hospital.

The workshops were organised and hosted by Adjunct Associate Professor Clair Edwards and Practice Development Nurse Manager Marie Fitzgerald, and facilitated by nurse educators in conjunction with Associate Professor Kim Foster (Sydney Nursing School, University of Sydney) and Dr Daniel Nicholls. Prior to the workshops, a series of appreciative interviews had been conducted with nurses, consumers, carers, and medical and allied health staff.

The workshops resulted in clarification of values and priorities for nursing practice development. The workshops led to conference presentations at the recent Annual Conference of the Australian College of Mental Health Nurses. The project continues with ongoing practice development activities. For further information contact Dr Daniel Nicholls at d.nicholls@uws.edu.au

APHM International Healthcare Conference and Exhibition 2010 – Keynote Speakers: A/Prof Yenna Salomonson and Prof Patricia Davidson.

Invitation by the Association of Private Hospital Malaysia (APHM) to speak at their Nursing Conference (15-16 July 2010). As a result of the Field Study elective visit to Sunway Medical Centre in January 2010, Dr Yenna Salomonson was invited (via the CEO of Sunway, Dr Chong Su-Lin), on behalf of the APHM organising committee to speak on the Australian Nursing Workforce (expenses paid by APHM).

There was a strong representation (Invited Speakers) from Australia (Dr Barbara
Carney – Director of Policy and Research, Australian Private Hospitals Association, Cathie Steele, General Manager, Centre for Health Innovation, Australia, Prof Patricia Davidson, (FaCH and Director of Cardiovascular and Chronic Care, Curtin University), and Dr Yenna Salamonson.

Papers presented were: ‘Is there a nursing labour crisis’ and ‘International Nurses Day: An Australian Experience’.

Visit to Sunway Medical Centre – A/Prof Yenna Salamonson, Dr Bronwyn Everett and Prof Patricia Davidson

Yenna, Bronwyn Everett (UTS), and Trish Davidson (Curtin) visited Sunway Medical Centre (also known as SunMed) on Monday 12 July 2010. Following this meeting, we are exploring the possibility of undertaking a preliminary survey of their nursing staff related to previous research work undertaken by Yenna on professional identity and professional practice environment, to be led by Yenna.

The International Council of Nurses Conference (ICN) and The International Nurse Practitioner/Advanced Practice Nursing Network (INP/APNN) Brisbane.


The INP/APNN conference 2010 addressed current issues of the Nurse Practitioner roles and provided clinical debate about varying areas of specialist clinical areas. The conference was a great opportunity to meet other people from all area of Australia and around the world.

It was great to get a sense of how the Nurse Practitioner roles are developing in differing specialist areas and countries. ‘The diversity of parenting’ paper presented in a conference workshop highlighted the body of research which considers both children and adult children of parents with mental illness. A model of familial mental illness generated from the scholarly literature demonstrated the impact on both parents and children when there is evidence of mental illness in the family.

Nurse Practitioners were presented with practical clinical strategies which can cater for the needs of both parent and child. The limited knowledge base of the needs of
some adult children who have experienced parental mental illness and the resilience of others was discussed. An opportunity was provided for delegates to consider that parental mental illness may impact on other family members and should be considered in an individuals care.

Prepared by Gillian Murphy

The 36th ACMHN International Mental Health Nurses Conference, Hobart, Tasmania.
The one day conference research forum provided opportunities to present issues of relevance regarding methodological issues and ethical debate. The paper presented the scholarly literature surrounding adult children who have experienced parental mental illness. The work highlighted how the body of knowledge is based around the measurement of ‘risk’ to the adult child and on the adverse impact of their childhood experiences. There is a limited qualitative discourse of adult children’s experiences of parental mental illness. In addition, the paper considered the notion of further stigmatisation for those with mental illness and their family members as a result of the current discourse.

Prepared by Gillian Murphy

Train-the-Trainer for “Champions” of the Namaste Care Program
On Tuesday 31st August members of the project team for Avoiding “high tech” through “high touch” in end-stage dementia: Protocol for care at the end of life, took part in an all day Train-the-Trainer workshop aimed at “champions” of the Namaste Care Program from Residential Aged Care Facilities (RACFs). The UWS project, headed by Prof Esther Chang, Chief Investigator, is partnered with the two RACFs participating in the training, Australasian Aged Care and Domain Principal Group. The Train-the-Trainer workshop was an important aspect of the project, designed to ensure a successful uptake by RACF staff in implementing the Namaste Care Program.

On the day, the team focused on preparing selected “champions” to go back to their RACFs and provide ongoing training to staff regarding the philosophy, symptom management, communication skills and other practical aspects of the Namaste Care Program.

Ms Amanda Johnson, Project Investigator, introduced the day and later presented a review of the material, information about how to set up a training program, guiding participants through the use of prepared materials and led discussions on tips for trainers. Dr Michel Edenborough, Project Manager, presented an overview of the project, description of the Namaste Care Program and the program developer Adjunct Assoc. Prof Joyce Simard. Benefits of the program and the purpose of the Train-the-Trainer sessions were also outlined.

Ms Sara Karacsony, Project Officer, presented the 3 main sessions covering the key areas of the program:

- Session 1 Key concepts of the Namaste Care Program;
- Session 2 Symptom management; and
- Session 3 Engaging in end-of-life care communication.
The program ended with a review of the materials and evaluation of the project supported by Dr Michel Edenborough. Ms Shyama Ratnayake, the project’s Research Assistant, provided additional support and there were plenty of opportunities for networking amongst the participants.

The Train-the-Trainer workshop was the culmination of intensive work developing the *Guide to Symptom Management for Residents with End-Stage Dementia in the Namaste Care Program*; undertaken by Ms Sara Karacsony and supported by the research team, including members of the project’s other partner organisation Sydney West Area Health Service (SWAHS).

Training to date has been very well received by participants and the management of the organisations involved. Ongoing support will be given to "champions" by the research team.

Pictured is Ms Sara Karacsony presenting to staff of the Seaside RACF.

Prepared by Dr Michel Edenborough

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**Australian College of Midwives (ACM) – Look who is the new President! Congratulations Associate Professor Hannah Dahlen**

I am proud to have taken on the role of President of the Australian College of Midwives (ACM) at this exciting time in history.

The ACM is a national, not-for-profit organisation that serves as the peak professional body for midwives in Australia. The College was founded nationally in 1984, when midwifery associations in a number of states and territories came together to create a national peak body for Australian midwives. The membership has now grown to over 5000 midwives. The ACM provides a unified voice for the midwifery profession, supports midwives to reach their full potential, and sets professional practice and education standards. The ACM is committed to being the leading organisation shaping Australian maternity care, to ensure the best possible maternity outcomes for all Australian women. It is guided by research evidence that pregnant women and mothers benefit from having access to midwifery care throughout their childbearing experience.

It is indeed an exciting time for the midwifery profession. From 1 November 2010, eligible midwives will be able to provide Medicare funded care to women in the community and in hospitals, thanks to major reforms legislated by the government in March this year. Medicare funded midwives will be able to work in practices in the community, with other midwives, with doctors and with allied health professionals as well as in hospitals to offer more women the choice of having one-to-one care from a known midwife throughout their pregnancy, labour, birth and early parenting. Likewise eligible midwives will gain access to PBS. Insurance has also been secured, something we have been fighting for since 2001.
Of course it is not all good news. Homebirth has been excluded from all of these reforms and we will continue to lobby for the right for women to choose their place of birth and care provider. We are also very concerned that the recently released Determination - known as the National Health Collaborative Arrangements for Midwives - could hinder the Health Minister Nicola Roxon’s good intentions for maternity reform. This essentially allows doctors to have signoff of midwifery practice in order for midwives to be able to access Medicare. We are yet to see whether doctors will be willing to collaborate with midwives and whether they will use this arrangement to try and control midwifery practice and impact on women’s childbirth choices.

If history teaches us anything then perhaps it is this; that the road to consensus is arduous and we rarely get everything we want, but we most certainly can shape and influence much of what we get. I look forward to working with my colleagues to shape and influence the future of our wonderful profession of midwifery.

Prepared by A/Prof Hannah Dahlen

New South Wales State Midwives Conference

The New South Wales state midwives conference was held on 17th-18th September 2010 in beautiful Kiama. The theme of the conference was 'Midwifery: providing a safe harbour'.

Staff and students from UWS represented the University, and presented work from their research. Rakime Elmir presented a component from her findings on women's experiences of severe postpartum haemorrhage and emergency hysterectomy. Rakime’s abstract was also accepted to be published in the upcoming issue of Midwifery Matters. Elaine Burns, presented her work, titled 'midwives and breastfeeding women: rocking the boat or providing a safe haven'. Jeni Stevens, a former honours student and now a midwifery student, and Holly Priddis who is finishing her honours thesis also presented as did Virginia Schmied and Hannah Dahlen.

All presentations were well received by conference delegates, a job well done! Judy Reid and Athena Sheehan, also attended the conference and were of great support to UWS presenters. What a supportive and collegial team.

Prepared by Rakime Elmir
Mental Wellbeing Conference
On Wednesday 15th September 2010, Rakime Elmir attended the Mental Wellbeing Conference - Innovative Integration: roadmap to mental wellbeing, in Sydney, at the Sydney Convention and Exhibition Centre, Darling Harbour. Rakime presented a poster on a finding from her PhD, ‘Reliving the trauma: flashbacks and memories’. Her poster was very well received and attracted much interest from conference delegates.

Prepared by Rakime Elmir

The 7th Biennial Joanna Briggs Colloquium

The 7th Biennial Joanna Briggs Colloquium, Knowledge in Action: The Next Generation of Evidence-Based Practice
Dr Ritin Fernandez and Dr Yenna Salamonson attended the 7th Biennial Joanna Briggs Colloquium hosted by the Indiana Center for Evidence Based Nursing Practice in the School of Nursing Purdue University Calumet in Indiana, USA
The aim of the Colloquium was to generate discussion and debate about the role and nature of evidence in practice and strategies for using this knowledge in pragmatic ways in real settings. The comprehensive three-day program was diverse, interesting and multidisciplinary with opportunities for professionals, students and consumers from a range of backgrounds to share their experiences and network. The conference was attended by over 300 delegates from 30 different countries. Yenna and Ritin presented a poster titled “Emotional intelligence in nursing students - What is the evidence?” The poster generated a wide interest among colleagues from different countries.

Dr Yenna Salamonson and Dr Ritin Fernandez with their poster:
Emotional Intelligence in nursing students what is the evidence?

The Joanna Briggs Collaboration Directors Meeting

The Joanna Briggs Collaboration Directors meeting
Dr Ritin Fernandez attended the Joanna Briggs Collaboration Directors meeting in Chicago from the 16-18th September 2010. This meeting was attended by 51 Directors and deputy directors from 29 countries and was chaired by Prof. Alan Pearson Director of the JBI Collaboration. Ritin presented on behalf of the Australasia region on “Enhancing innovation across the Joanna Briggs Collaboration.”

Ritin presenting on behalf of the Australasia region on “Enhancing innovation across the Joanna Briggs Collaboration”
WERIN has fostered a dynamic program of leadership research, with a number of projects in hand and complete, including student projects. It is great to see Andrea McCloughen graduate with her PhD, titled “Mentoring for Leadership Generativity: A Study of Australian Nurse Leaders” this week. Recent publications arising from Andrea’s thesis include:


**Project Updates**

**Developing and Implementing a Leadership Capacity Building Program for Teaching and Learning in Nursing (Team: Halcomb, Jackson, Andrew, Peters, Salamonson, Daly)**

An acute shortage of nurse academics is leading to a rise in the number of new academics entering nursing faculties to service the growing number of student enrolments. Currently, despite the recognition of leadership capacity building as a priority for the nursing profession, there are limited professional development opportunities in the area of leadership development. This proposal describes an innovative strategy to develop leadership capacity in early career nurse academics (ECNAs) via a combination of workshops, online activities, peer learning networks and academic mentoring. Building leadership capacity amongst early career nurse academics will facilitate their transitions into academia, foster the development of communities of practice and enhance scholarly learning and teaching within the discipline.

The outcomes of the project will have practical significance by extending our knowledge of the types of support that are effective and sustainable in supporting ECNAs to develop leadership capacity.
ARC Project update: Developing a violence assessment tool for nurses (Team: Jackson, Luck, Wilkes et al).

This ARC funded project got off to a late start, but is moving ahead well now, and is progressing to data collection. Observational data on episodes of violence is being collected from nine clinical areas in a large partner hospital. Earlier work including Dr Lauretta Luck’s PhD work, and subsequent Delphi studies had provided information to develop a predictive instrument, in phase one of the study. This current phase involves training of quite a large number of experienced nurse observers, and so training to enhance inter-rater reliability had to be provided. We are estimating that we will need around 560 hours of observational data, and are aiming to have this completed before Christmas.

Announcements

The StARs of FaCH

The Student Research Club (SRC) has had a change of leadership and a change of name! Rakime Elmir and Elaine Burns have passed the baton of leadership to Stacy Blythe and Tamara Vallido. Under Rakime and Elaine’s leadership, the SRC raised over $250 for cancer research by hosting the Biggest Morning Tea across the Parramatta and Campbelltown Campuses. They also organised and facilitated the PhD welcome lunch and seminar. The seminar was presented by visiting Professor Roger Watson and well received by students. A big thank you goes to Rakime for serving as Chair, and to Elaine for contributing as Editor. Together they were a great team! We wish them much success as they are both nearing the completion of their studies!

The new Chair and Editor, Stacy and Tammy (respectively) found their first challenge to be that of re-naming the SRC. After much deliberation and consultation with fellow HDR students, the members of the former SRC can now be known as the StARs of FaCH! StARs stands for Students Achieving Research! What a great name for a group of aspiring researchers! The next challenge... a logo! (currently a work in progress).

What does StARs do?

- StARs encourages and develops research interest among undergraduate students and is thus an excellent access point for undergraduate, as well as other potential research students, to liaise with existing research students.

- StARs offer the opportunity for research students to socialise and support each other in a collegial manner.

StARs exists to support and encourage research students – formally and informally
and as such, its activities are both official and casual. Be on the look out for upcoming information regarding our next activity! As the upcoming holiday season approaches – there’s sure to be a celebration of sorts!!!

If you have any queries regarding StARs, please contact Stacy Blythe (s.blythe@uws.edu.au) or Tamara Vallido (t.vallido@uws.edu.au) and we’ll do our best to answer your questions! In the meantime – just keep shining! You are all StARs!!!

Professor Emeritus Charles Anthony (Tony) Butterworth is visiting the School in October 2010.

CBE, PhD, MSc, RNT, RMN, RGN FMed.Sci, FRCPsych, FRCN, FRSA. FQNI, DSc (hon)

Professor Tony Butterworth will be visiting the School in October under a joint arrangement with La Trobe University School of Nursing & Midwifery. His present work includes:

1. Chair of the Academy of Nursing, Midwifery and Health Visiting Research (UK).
2. Senior policy Advisor to the NHS Confederation and NHS Employers
3. Non-Executive Director of the NHS Institute for Innovation and Improvement
4. Consultancy work through Trigger Innovations Ltd
5. Trustee to the Charity – For Dementia and Admiral Nursing
6. Visiting Professor to the Faculty of Medicine at the University of Maribor in Slovenia.

He has supervised 22 students to the successful completion of their PhDs, authored or co-authored 6 text books and written extensively in peer reviewed journals and the professional press. He developed and leads a post-graduate module on modernisation, patient safety and Improvement for a taught Masters (M.Clin.Res.) degree. He was recently awarded honorary Fellowship of the NHS Institute Faculty of Health Care Innovators.

Sydney South West Area Health Service (SSWAHS) is kindly hosting a Symposium for the 6th October which is open to staff of the School at no cost. On the following day there will be an invited Summit, a joint initiative of the Nursing and Midwifery Office of NSW Health, the NSW Branch of the Australian College of Mental Health Nurses, SSWAHS, and UWS School of Nursing & Midwifery. Professor Butterworth will also be available to see staff by appointment. For further information contact Daniel Nicholls at d.nicholls@uws.edu.au

Prepared by Daniel Nicholls

Visiting Scholar – Adjunct Associate Professor Joyce Simard.

Adjunct Associate Professor Joyce Simard will be visiting UWS for the first two weeks of October 2010 from the 5th to the 15th.

Adjunct Associate Professor Simard is the developer of the Namaste Care Program, and a Geriatric Consultant for the project.
Avoiding “high tech” through “high touch” in end stage dementia: Protocol for care at the end of life with investigators Professor Esther Chang, Ms Amanda Johnson and Dr Daniel Nicholls and partner organisations Australasian Aged Care, Domain Principal Group and Sydney West Area Health Service.

Adjunct Associate Professor Simard is a consultant, presenter and author with more than 30 years experience in the field of aged care, specialising in dementia programming. The Namaste Care Program is based on loving touch for residents of aged care facilities with end stage dementia and other terminal illnesses. On this occasion Adjunct Associate Professor Simard will be focusing almost entirely on supporting the implementation of the Namaste Care Program at three residential aged care facilities, two within the Sydney basin and one from the Shoalhaven area. This “high-touch” protocol honours and respects the person dying from dementia while maintaining them comfortably in the residential facility.

The project will evaluate this, the first implementation of the high-touch protocol in Australia, by comparing outcomes for the three sites with three control settings. It is hoped result will indicate improved care, avoiding “high tech” treatments that occur when palliative care patients with dementia are transferred to acute care settings. In addition, to capture the intricacies and subtle nuances of the implementation process,

Adjunct Associate Professor Simard’s activities over the two week period will be filmed by the StarScribe Production Company. It is envisaged by the project team that the completed DVD will be available at cost to other residential aged care facilities interested in taking up the Namaste Care Program in their own organisations. Adjunct Associate Professor Simard will return to UWS early in the New Year to follow up on the project and other related activities of the Aged Care and Palliation research stream.

Prepared by Michel Edenborough

CAN IT FOR HUNGER

Thanks to Diana Whitton for organising this on behalf of the UWS SIFE Team for the EXODUS FOUNDATION. Each week they provide 200 food hampers to families in need.

We at FaCH decided to jump in and also collect cans of food in our area to support the food drive and either gave up cans from our cupboards or tossed a few extra in our shopping trolleys!

Family and Community Health Research Group (FaCH) collected 72 cans!

Which is an awesome effort, well done everyone and thank you for your generous contribution towards this great cause!!

Three cheers for all of you !!!
FLAMES

New FLAMES initiative

Over the past few years, we have developed quite an established program of leadership research. Through this, we have achieved some good outcomes in terms of external grants, publications, RHD completions etc, and have a number of projects currently underway. Much of this work has been led through the WERIN research stream, as well as other avenues.

Over this same period we have also been actively supporting and fostering student research and leadership development in various ways, and have developed quite a strong and dynamic student research culture. We are now wanting to take this to the next level, and I am pleased to announce the ‘birth’ of our new program: “Fostering Leadership and Mentoring Expertise in Students”, to be known under the acronym FLAMES.

FLAMES will have an inclusive and multidisciplinary focus, and will continue our work in the area of leadership, but with a focus on future leaders and leadership development. FLAMES will have a strong research component as well as a focus on nurturing emerging leaders, and the development of leadership skills.

We are planning to have a leadership event in November. This all day event is being sponsored by the School of Nursing and Midwifery and FaCH and we already have a number of confirmed speakers including:
- Prof Rhonda Griffiths – “Our next generation of leaders”
- Dr Andrea McCloughen - “Mentorship for Leadership Generativity: A Study of Australian Nurse Leaders”
- A/Prof Hannah Dahlen - “Leadership in policy, politics and practice”
- Prof Roger Watson – “Leadership in publication and scholarship”
- Dr Liz Halcomb - “Professional Organisations - Their role in developing leadership. Sigma Theta Tau International”.

In the afternoon, we will have an exciting range of interactive workshops available on topics such as:

1. Developing your career
2. Effective leadership for successful research projects
3. Understanding the role of emotional intelligence in leadership
4. What sort of leader do you want to be?
5. Motivation and team building in leadership
6. Clinical leadership
Congratulations

Associate Professor Hannah Dahlen
It is with pleasure that we announce that A/Prof Hannah Dahlen has been elected President of the Australian College of Midwives. Hannah has been affiliated with the college for quite some time and has been a wonderful media spokesperson for them. Congratulations Hannah – this is a fantastic achievement.

Dr Liz Halcomb and Amanda Johnson
Congratulations to Amanda Johnson and Liz Halcomb who were awarded their Academic Leadership Certificate in recognition of their completion of their course at the HOP forum. This was part of the 2015 Our People.

Dr Andrea McCloughen
Congratulations Dr Andrea McCloughen, pictured with proud supervisors, Professor Debra Jackson and Professor Louise O’Brien. Andrea had her PhD conferred yesterday, for her thesis “Mentoring for Leadership Generativity: A Study of Australian Nurse Leaders”.

Steve Frost – ASBMR 2010 Annual Meeting President’s Poster Competition
The ASBMR 2010 Program Committee has selected Steve Frost’s poster: SU0340 Risk Factors for in-hospital Post-hip Fracture Mortality to be judged in the NEW ASBMR Annual Meeting President’s Poster Competition. This year at the ASBMR 2010 Annual Meeting, they are planning a new and exciting venue to show off the highest ranking ASBMR abstracts being presented in the Poster Sessions that have been submitted by Young Investigators. Congratulations!

Steve Frost – Congratulations on new baby!
Congratulations to Associate Lecturer Steve Frost and family on the birth of his beautiful new little baby girl – Sienna.

Welcome
Amiee Hesson – PhD Student
Amiee Hesson is a PhD candidate with the University of Western Sydney. She is from the UK and completed a BA (Hons) in politics with contemporary governance at the University of Central England UK. She then moved onto postgraduate study at the University of Birmingham UK completing a MA (Hons) in International security studies and MA (Hons) Political science (Research methods) as part of the ESRC scholarship. Her most recent Masters thesis was a theoretical study in the area of nuclear proliferation. Amiee’s PhD will come under the
investigation of a universal framework for child and family health services with Amiee’s particular focus policy analysis and consumer involvement in evidence based policy.

New Research Interns
We welcome our new interns, who have just this week commenced their internships with FaCH. All our new recruits are first year students so we hope to have them with us for some time. Since the initiation of the research intern program, our past interns have made an enormous contribution to FaCH and we expect our new recruits will continue this tradition. These new interns will undergo their initial intensive training period, and then spend three hours a week in FaCH consolidating their learning, and continuing to build their skills. Thanks to Yenna Salamonson, Liz Halcomb, Roslyn Weaver, who all make a big commitment to helping with intern training, to Heidi Forbes (FaCH admin officer), Jen Clauson (FaCH intern) and Tamara Vallido (PhD student), who all contributed to the initial orientation and welcome to our new recruits. Special thanks also to the School of Nursing and Midwifery for their ongoing support of the Student Internship Program.

FaCH Facebook Group

Our facebook group is open to all FaCH members. If you haven’t already joined log on to the internet and take the plunge, you will be pleasantly surprised at all the information, dissemination and interaction that keeps our members connected.

If you are eligible to join the FaCH facebook group and would like to do so contact Heidi at h.forbes@uws.edu.au and you will be invited to join!
10,000 STEPS CHALLENGE – How did you go?

FaCH had two teams participating, with some other members involved in teams throughout the SoNM.

Did you know that some teams had already completed the challenge a week before it was over?

Log onto www.10000steps.org.au/my-health/ to check your progress and see how far you have walked!

Now that the challenge is over – why not continue to challenge yourself and keep the 10,000 steps per day going as a regular routine.

Contributions to the e-Newsletter

In addition, if you have any recent articles, photos or information that you would like to share in future editions of the FaCH eNewsletter, you can also send them to Heidi: h.forbes@uws.edu.au

- Publications
- Conferences, events & grants
- Staff activities & articles of interest
- Special interest groups
- Achievements
- Graduation ceremonies
- Media or press articles
- Research projects

List of 2010 Member Conferences


## List of 2010 Member Publications to date


65. Patterson, E., Halcomb, E., Mahomed, R., Evans, J., & Mcnalty, K. (2010). Building research capacity in General Practice Nursing. In W. Wong & D. Young (Eds.), *General Practice Nursing* (422-439). North Ryde, NSW.


Please let Melissa Galanto know if you would like to add your publication to the FaCH list, email to m.galanto@uws.edu.au
Advances in Contemporary Nurse Education (2nd edn)

Deadline for Papers: 31st October 2010

A special issue of Contemporary Nurse


Edited by
Professor Debra Jackson, University of Western Sydney, Australia and
Professor Roger Watson, University of Sheffield, UK and
Professor Tom Mason, University of Chester, UK

Papers are invited for this special second edition of Contemporary Nurse devoted to Advances in Nurse Education.

Topics may include, but not be limited to:

• The art and practice of nurse education
• Clinical education in nursing
• Meeting the needs of diverse student groups
• Nurse education technologies, such as on-line learning, blended learning, and high fidelity simulation
• Approaches to curriculum development and reform
• Workforce issues in nurse education
• Indigenous perspectives in nurse education
• Preparing nurses for multicultural practice
• Advanced practice nurse education
• Nursing and interdisciplinary education
• The concept of lifelong learning in nursing
• Ethical aspects of nurse education
• Historical influences on contemporary nurse education
• Integrating consumer perspectives in nurse education
• Postgraduate education in nursing
• Ongoing professional development in nursing
• Graduate experiences and transition
• Research higher degree supervision and training
• Doctoral education in nursing

Authors should observe Author Guidelines at www.contemporarynurse.com and submit electronically via http://www.contemporarynurse.com/page/42/submit-papers indicating in the cover email that it is for the Special Issue of Contemporary Nurse on Nursing Education - 2E. All submissions will be subject to double blind peer review.

Closing date for submissions: 31 October 2010