



art therapy

**The therapeutic power of art with UWS**

The Master of Art Therapy course at UWS, the only one of its kind in NSW, equips you with the knowledge and experience to deliver art therapy in any context.

Art Therapy is a form of individual, family and group psychotherapy in which participants engage in visual art processes within a therapeutic relationship with a highly trained art therapy practitioner.

Internationally acknowledged as a valuable therapeutic approach, art therapy assists people in emotional distress and is effective for clients with psychological, social and physical problems.

Nationally and internationally, a Master of Art Therapy is the recognised qualification that entitles you to work as a professional in this field.

UWS provides a balance of academic and experiential learning, with extensive opportunities for you to practise art therapy under supervision. This course emphasises the therapeutic and pedagogical value of fine arts practice and encourages learning through creative exploration, interpersonal communication and self-reflection.

The Master of Art Therapy teaching team is composed of highly trained and experienced art therapists working alongside allied clinicians, social scientists and researchers.

2012

POSTGRADUATE

**ART THERAPY**

Art therapy is internationally recognised as a valuable therapeutic approach.

[postgraduatestudy@uws.edu.au](mailto:postgraduatestudy@uws.edu.au)

The UWS Art Therapy course meets in a recently restored historic cottage, equipped with fine art materials and small, friendly studio teaching spaces.

**Career opportunities**

Professional art therapists are employed in a variety of settings, including health, government and community organisations, and private practice. UWS Art Therapy students learn and practise generic counselling and therapy skills alongside the students in our postgraduate counselling program and study the theories and methodologies needed to undertake practitioner research within the field of art therapy.

Course accredited by



**ENGAGE THE VISUAL  
ARTS PROCESS TO  
BUILD THERAPEUTIC  
RELATIONSHIPS WITH  
AN INDIVIDUAL,  
GROUP OR FAMILY.**

**COURSE SUMMARY**

UAC CODE AUTUMN	COURSE NAME	STUDY MODE	CAMPUS
952976	Master of Art Therapy	2F/4P	Penrith



**Gina Harrowell**  
Art Therapist

### Master of Art Therapy

Gina enjoyed the integration of practical placement, academic learning and ongoing art practice while studying at UWS.

'The Masters course offered specific training in art therapy, where practical placement at two different services gave me intensive 'hands-on' learning while still in a student role,' she says.

'Excellent weekly group supervision through uni was very important to this learning, as it provided support and insight from supervisors and fellow students and the linking of theory to practice. Ongoing art practice within supervision and academic studies meant a continuing personal understanding of how art has a powerful healing capacity in therapy.'

'This allowed me to 'walk the talk' and to complete the course with professional confidence. It also ensured that art remained an integral ingredient within an academic framework, allowing for a learning specific to art therapy and a rich, creative experience.'

As a result, UWS graduates are highly sought after by an employment market that puts a high value on flexible and transferable practitioner skills and on the ability to research and critically reflect upon one's area of professional practice.

A substantial number of our graduates have been offered paid work by the agencies in which they undertook their clinical placements.

### Professional accreditation

Graduates may apply for registration with ANZATA, the Australian and New Zealand Art Therapy Association. You are also entitled to coverage under the NSW State Health Professionals Award.

Our course has been approved by the Accreditation Sub-committee of ANZATA and meets nationally and internationally recognised clinical training standards for the profession of art therapy.

### Recommended study sequence

Qualification of this award requires the successful completion of 160 credit points.

### Industry placement

Students become familiar with the histories, theories and practices of art therapy before undergoing intensive art therapy clinical training through 750 supervised hours of field placement over two semesters in the second full-time or third part-time year of study.

### Entry requirements

Applicants must meet all of the following requirements:

- hold a qualification as detailed below
- submit a portfolio of work and CV directly to the School
- attend a group interview on campus (at Penrith).

### Details of required qualification

Applicants must have successfully completed an undergraduate degree in visual arts, fine arts or design

OR

have successfully completed an undergraduate degree in any discipline

PLUS

at least two visual arts units at university level or a VET Diploma of Fine Arts.

### Details of portfolio of work and CV submission

Submit in writing a 500 word statement of intent explaining the reason why you are seeking entry to the course and how your art practice relates to the therapeutic application of arts, together with a digital portfolio of your artwork (10 to 12 photographs of artwork)

AND

submit a full CV including details of a minimum of one year full-time equivalent work experience (paid, voluntary or student) in a supportive capacity with people in a community, welfare, health, arts or education setting. The CV should also include names and contact details of two referees.

The portfolio and CV should be sent to:  
socialsciences@uws.edu.au

### Details of group interview

Invitations to the interview process will be selective, based on CV and other submitted documentation (see portfolio details above), and interviewees will be ranked, as numbers admitted to the program are limited.

### Recognition of prior learning

Special equivalence may be granted to you based on evidence submitted at the time of application for academic, professional and/or any other qualifications you hold.

## STUDY SEQUENCE

2 Years Full-time	
Autumn	Spring
Year 1	Year 1
Art Therapy: Histories, Theories, Groups	• Art Therapy: Application to Client Groups •
Counselling 1	• Counselling 2 •
Year 2	Year 2
Research Methods for Humanities and Social Sciences •	Integrating Theory, Research and Practice •
Theories of the Social	• Further Clinical Studies (Art Therapy) •
Clinical Studies (Art Therapy)	•
4 Year Part-time	
Year 1	Year 1
Art Therapy: Histories, Theories, Groups	• Art Therapy: Application to Client Groups •
Year 2	Year 2
Counselling 1	• Counselling 2 •
Year 3	Year 3
Clinical Studies (Art Therapy)	• Further Clinical Studies (Art Therapy) •
Year 4	Year 4
Research Methods for Humanities and Social Sciences •	Integrating Theory, Research and Practice •
Theories of the Social	•



**Judy King**  
Art Therapist

### Master of Art Therapy

Inspirational course tutors and like-minded fellow students helped Judy King enjoy her UWS studies.

'The experiential components of the course were particularly helpful: using art materials in a therapeutic context,' she says. 'I was inspired by some of the course tutors.'

Judy was also impressed that her studies at UWS provided formal qualifications combining a creative arena within health care that is recognised by ANZATA, the professional body and registration board.

'The best thing about the Masters for me was the diversity in my fellow students and the support of the staff and tutors.'

### Pathways

A Graduate Diploma in Art Therapy and Graduate Certificate in Art Therapy are available as exit points only and are not professionally recognised. You can opt to graduate with a Graduate Diploma in Art Therapy after completing the first 80 credit points of the Master of Art Therapy or a Graduate Certificate in Art Therapy after completing 40 credit points of Art Therapy units.

### How to apply

Applications for this course must be made online through the Universities Admissions Centre (UAC) at [www.uac.edu.au/postgraduate](http://www.uac.edu.au/postgraduate)

Further information on postgraduate courses and the application process is available at [myfuture.uws.edu.au](http://myfuture.uws.edu.au)

### For international students

The study mode for the Masters is 2 years. The part-time mode in this course is not available to international students due to Australian student visa regulations. International students should apply direct to the University.

Application forms and information on admissions are available at [www.uws.edu.au/international/admissions](http://www.uws.edu.au/international/admissions)

For more information about studying at UWS, including course information, English language requirements, intakes, tuition fees, assessment methods, accommodation options, and living in Australia, please visit [www.uws.edu.au/international](http://www.uws.edu.au/international) or contact [internationalstudy@uws.edu.au](mailto:internationalstudy@uws.edu.au)

# 2012 postgraduate study

## **Further information**

Contact the Course Information  
Centre on 1300 897 669 or email  
[postgraduatestudy@uws.edu.au](mailto:postgraduatestudy@uws.edu.au)

International students  
call +612 9852 5499 or email  
[internationalstudy@uws.edu.au](mailto:internationalstudy@uws.edu.au)

The University of Western Sydney reserves the right at all times to withdraw or vary courses listed within this publication. In the event that the course is to be changed, or in the event that the course is to be withdrawn, applicants will be advised by mail to the address specified by them on their application.

CRICOS provider code: 00917K

6/11 SC2588