Clinical trials of exercise in cancer patients: from symptom control to survival

2:00-3:30pm Thursday 6 March, Lecture Theatre 213, Building 30, Campbelltown Campus

Abstract:
In this presentation, Prof. Courneya will provide an overview of the role of physical activity in cancer patients including coping with treatments, recovering after treatments, and improving long term survival. Moreover, Prof. Courneya will present some of his own recently completed and ongoing research trials at the University of Alberta that include data on symptom control and cancer outcomes. Finally, Prof. Courneya will provide the current exercise recommendations for cancer patients and survivors from the American Cancer Society and the American College of Sports Medicine.

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