

**racism affects us all @UWS**



**DO SOMETHING ABOUT IT**

**Do** Something  
About  
Racism.

University of  
Western Sydney 

You hear a student refer to one of the students in his class as a towel head

## **What can I do about racist slurs like 'towel head'?**

Do something about racism by trying the suggested actions

Always consider your safety first!

Go to [uws.edu.au/dosomethingaboutracism](https://uws.edu.au/dosomethingaboutracism) for more ideas on how to do something about racism

### **SPEAK UP**

Interrupt the conversation and ask why they use that slur or what they mean by towel head

### **REPORT IT**

Talk with someone (such as a lecturer or Equity and Diversity officer) about the conversation and use of the racial slur

### **BAND TOGETHER**

Talk to your friends/colleagues so that you can all challenge such comments in the future

At team meetings your supervisor often refers to your colleague, who is Aboriginal, as working to blackfella time

## **What can I do about racist stereotypes like 'blackfella time'?**

Do something about racism by trying the suggested actions

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### **SPEAK UP**

At the right time for you and your supervisor, ask them what they mean by blackfella time or why they say this about your colleague

### **OFFER SUPPORT**

At the right moment, offer support to the person who is the target of the stereotype and state that you do not support the use of such stereotypes

### **SUGGEST TRAINING**

Suggest that your team invites a speaker on cross-cultural issues or that your team attends training in this area

Research has shown that people who are exposed to racism have a higher risk of poor health outcomes, including anxiety and depression

## **What can I do about the effects of racism?**

Do something about racism by trying the suggested actions

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### **SPEAK UP**

The person experiencing the racism will feel supported by your actions and you will feel better about yourself for standing up against racism

### **BAND TOGETHER**

Talk to your friends/colleagues about the effects of racism and the importance of challenging racism

### **CREATE CHANGE**

Work with others at UWS to create an environment that is free of racism

You have noticed that recently most of your new team members are of the same cultural background

## **What can I do about systemic racism?**

Do something about racism by trying the suggested actions

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### **SPEAK UP**

Raise your concerns about recruitment practices that result in little racial diversity with human resources or Equity and Diversity

### **BAND TOGETHER**

Talk to your friends/colleagues about systemic racism and consider action that you can all take to acknowledge and dismantle racism

### **CREATE CHANGE**

Work with others at UWS to create an environment that is free of systemic racism