Promoting brilliance in evidence-based palliative care

Dr Ann Dadich from the School of Business and a research team* have received funding from the Agency for Clinical Innovation to examine brilliant exemplars of evidence-based palliative care in community settings. In collaboration with clinicians, they will determine the conditions required for and associated with extraordinary care for individuals with life-threatening conditions and their carers.

Palliative care aims to improve the quality of life of people with life-threatening illnesses and that of their carers. Focused on the prevention and relief of suffering, palliative care can involve a range of clinicians that span the primary, secondary, and tertiary healthcare sectors: these include community health nurses, hospital-based specialists, and GPs.

‘Research suggests that clinicians do not consistently draw on available evidence to inform their practice – and this extends to palliative care’, Dr Dadich explains. ‘Unfortunately, most of the research to date focuses on “problems” and “poor compliance”, much to the neglect of practices that exceed expectation and delight individuals – that is, those that are brilliant. We’re adopting a novel approach to reveal and understand these brilliant practices.’

This novel approach is video reflexive ethnography (VRE). Clinicians who deliver community-based palliative care will be invited to gather visual data (V), reflect on and interpret that data (R) and understand their practices and experiences in situ (E). This methodology will help define brilliant evidence-based palliative care, and determine the conditions that are required for it.

This study is significant because it will clarify what brilliant care is, and when it is likely to flourish. Furthermore, the lessons garnered through this study can be adapted by other health services – notably, those that deliver community-based palliative care.

Project Title: Brilliance in evidence-based palliative care
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