Exchange Student Progress Report

In this report we would like to use your first-hand experience of your host university to assist students who are thinking about applying for an exchange. We would be very grateful if you would complete this questionnaire. We plan to use it in our resources area so that prospective students can consult it as a guide. Please think carefully about your answers. Honest responses will be appreciated – while accuracy is important, your opinions will be valued as your own personal impressions. This particular report is designed to assist other students and the information it contains will not be shared with your host institution.

We would ask you to add your name to this sheet so we can keep track of responses. This sheet will be removed from the questionnaire before it is made available to other students so your anonymity will be protected.

Name: .................................................................

Host institution: ..........................................................

Date questionnaire completed: ....................................

Please return as soon as possible to:

Mandy Baric
Exchange & Study Abroad Officer
International Office
University of Western Sydney
P.O. Box 1797
Penrith South DC NSW 1797
Australia
Fax No. +61 2 4620 3805
Email: exchange@uws.edu.au
Date questionnaire completed

Host Institution

UWS Course you are enrolled in

Age:

When did you start your exchange?  ____/______/19 _____

Travel: What airline did you travel with? Were you met at the airport upon arrival?

_________________________________________________________________________
_________________________________________________________________________
_________________________________________________________________________
_________________________________________________________________________

Accommodation:
Was housing arranged before you left Australia? Yes ☐ No ☐

Where are you living? Please give name:
a college ☐ co-op housing ☐ off campus ☐ other: ☐

_________________________________________________________________________

Please explain briefly how you chose your accommodation:

_________________________________________________________________________
_________________________________________________________________________

What are the best aspects of your housing?

_________________________________________________________________________
_________________________________________________________________________

What are the worst aspects? What needs improving?

_________________________________________________________________________
_________________________________________________________________________

Financial Matters
Did you open up an overseas bank account? If so, please state which bank:

_________________________________________________________________________
_________________________________________________________________________

How did you transfer funds?

CRICOS: 00917K  ABN: 53014069881
Do you have any comments or recommendations about banking matters?
_________________________________________________________________________
_________________________________________________________________________
_________________________________________________________________________

Medical Insurance:
Is there compulsory student medical cover on your campus? Yes ☐ No ☐

What is the cost? ________________________ For what period? _________________

Living Expenses:
Please give an estimate of your actual weekly cost for the following general categories.
Currency is in _______ eg AUSTRALIAN DOLLARS, AMERICAN DOLLARS, YEN etc)

<table>
<thead>
<tr>
<th>Category</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rent</td>
<td></td>
</tr>
<tr>
<td>Food and meals</td>
<td></td>
</tr>
<tr>
<td>not covered by board</td>
<td></td>
</tr>
<tr>
<td>Local transportation</td>
<td></td>
</tr>
<tr>
<td>Entertainment</td>
<td></td>
</tr>
<tr>
<td>Personal expenses</td>
<td></td>
</tr>
<tr>
<td>toiletries, laundry</td>
<td></td>
</tr>
<tr>
<td>etc</td>
<td></td>
</tr>
<tr>
<td>Academic Costs</td>
<td></td>
</tr>
<tr>
<td>Books etc</td>
<td></td>
</tr>
</tbody>
</table>

Are there any costs that you feel we should alert students to in the future?
_________________________________________________________________________
_________________________________________________________________________
_________________________________________________________________________

Do you have any suggestions for saving money?
_________________________________________________________________________
_________________________________________________________________________
_________________________________________________________________________
Work? (eg did you get a job while you were away? Please provide details)

_________________________________________________________________________
_________________________________________________________________________
_________________________________________________________________________
_________________________________________________________________________

Enrolment at your exchange university:

Were you assisted in selecting classes?  Yes ☐  No ☐
Were you assisted with enrolment?  Yes ☐  No ☐

Please comment on any aspects of choosing classes and enrolling in classes that you feel would assist future students in their planning:
_________________________________________________________________________
_________________________________________________________________________
_________________________________________________________________________
_________________________________________________________________________

Support Services

Was there an orientation?  Yes ☐  No ☐
Did you attend?  Yes ☐  No ☐

Please describe the orientation and other support services available to you as an exchange student.
_________________________________________________________________________
_________________________________________________________________________
_________________________________________________________________________

Have you had contact with an International Students Office or another adviser at your host university?  Yes ☐  No ☐

IF YES, Please describe the assistance you received. Did you find the staff sympathetic and helpful? Please give the name of any useful contact person.
_________________________________________________________________________
_________________________________________________________________________
_________________________________________________________________________

Pre-departure information

What information do you wish you could have had BEFORE you left Australia?
Study: (describe the course that you are taking at your host institution, describe the format of one of the courses, how many contact hours per week, describe the assessment for the course, how does it differ from UWS, did you anticipate the differences?)

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

Are there any courses (or lecturers) you would recommend to future students

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

Adjustment (What aspects of your experience so far have you found most difficult? Are there adjustments that you did not expect?)

________________________________________________________________________
________________________________________________________________________

What aspects did you find most rewarding?

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________

Social: (anything specific that you found useful for making friendships with the students of the host group or other international students, any comments about dealing with the host culture, has your social interaction abroad matched your expectations)

________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
**Language:** (for non English speaking destinations) eg ability to cope with classes in another language, do you have any recommendations about strategies for coping.

_________________________________________________________________________

_________________________________________________________________________

_________________________________________________________________________

What advice would you like to give other students going to this university/country?

_________________________________________________________________________

_________________________________________________________________________

_________________________________________________________________________

_________________________________________________________________________

_________________________________________________________________________

_________________________________________________________________________

_________________________________________________________________________